

# Tao Jing (Tao I Text)

	Tao Jing	Pronunciation	Meaning
1	Tao Ke Tao	<i>dow kuh dow</i>	Tao that can be explained by words or comprehended by thoughts
2	Fei Chang Tao	<i>fay chahng dow</i>	Is not the eternal Tao or true Tao
3	Da Wu Wai	<i>dah woo wye</i>	Bigger than Biggest
4	Xiao Wu Nei	<i>shee-yow woo nay</i>	Smaller than Smallest
5	Wu Fang Yuan	<i>woo fahng ywen</i>	No Square, No Circle
6	Wu Xing Xiang	<i>woo shing shyahng</i>	No Shape, No Image
7	Wu Shi Kong	<i>woo shr kawng</i>	No Time, No Space
8	Shun Tao Chang	<i>shwun dow chahng</i>	Follow Tao, Flourish
9	Ni Tao Wang	<i>nee dow wahng</i>	Go against Tao, Finish
10	Tao Sheng Yi	<i>dow shung yee</i>	Tao creates One
11	Tian Yi Zhen Shui	<i>tyen yee jun shway</i>	Heaven's unique sacred liquid
12	Jin Jin Yu Ye	<i>jeen jeen yü yuh</i>	Golden Liquid, Jade Liquid (Mother Earth's sacred liquid)
13	Yan Ru Dan Tian	<i>yahn roo dahn tyen</i>	Swallow into the Lower Dan Tian
14	Yi Sheng Er	<i>yee shung ur</i>	One creates Two
15	Tao Dan Tao Shen	<i>dow dahn dow shun</i>	Tao Dan, Tao Shen
16	Fu Wu Ren Lei	<i>foo woo ren lay</i>	Serve all humanity
17	Fu Wu Wan Ling	<i>foo woo wahn ling</i>	Serve all souls
18	Fu Wu Di Qiu	<i>foo woo de cheo</i>	Serve Mother Earth
19	Fu Wu Yu Zhou	<i>foo woo yü joe</i>	Serve all universes
20	Zhi Yu Bai Bing	<i>zhr yü bye bing</i>	Heal all sickness
21	Yu Fang Bai Bing	<i>yü fahng bye bing</i>	Prevent all sickness
22	Fan Lao Huan Tong	<i>fahn lao hwahn tawng</i>	Return old age to the health and purity of a baby
23	Chang Shou Yong Sheng	<i>chahng sho yawng shung</i>	Long life, immortal
24	He Xie Ren Lei	<i>huh shyeh ren lay</i>	Harmonize all humanity
25	Tao Ye Chang Sheng	<i>dow yuh chahng shung</i>	Tao career flourishes
26	Gong De Yuan Man	<i>gawng duh ywen mahn</i>	Serve unconditionally and gain complete virtue to reach enlightenment
27	Wan Ling Rong He	<i>wahn ling rawng huh</i>	All souls join as one
28	Dan Shen Yang Shen	<i>dahn shun yahng shun</i>	Tao Dan, Tao Shen nourish kidneys
29	Er Sheng San	<i>ur shung sahn</i>	Two creates Three
30	San Wan Wu	<i>sahn wahn woo</i>	Three creates Everything
31	Tian Di Ren	<i>tyen dee ren</i>	Heaven, Earth, Human Being
32	Shen Qi Jing	<i>shun chee jing</i>	Soul Energy Matter
33	Shen Sheng Jing	<i>shun shung jing</i>	Kidney creates Jing
34	Jing Sheng Sui	<i>jing shung shway</i>	Jing creates marrow
35	Sui Chong Nao	<i>shway chawng now</i>	Spinal cord fills brain
36	Nao Shen Ming	<i>now shun ming</i>	Mind reaches enlightenment

	<b>Tao Jing</b>	<b>Pronunciation</b>	<b>Meaning</b>
37	Lian Jing Hua Qi	<i>lyen jing hwah chee</i>	Transform Jing to Qi
38	Lian Qi Hua Shen	<i>lyen chee hwah shun</i>	Transform Qi to Shen
39	Lian Shen Huan Xu	<i>lyen shun hwahn shü</i>	Return Shen to Xu
40	Lian Xu Huan Tao	<i>lyen shü hwahn dow</i>	Return Xu to Tao
41	He Tao Zhong	<i>huh dow jawng</i>	Meld with Tao
42	Wu Qiong Jin	<i>woo chyawng jeen</i>	The benefits for your life are endless
43	Tao Ling Gong	<i>dow ling gawng</i>	Tao Soul Temple
44	Xin Xi Xue Shan	<i>shin shee shoo-eh shahn</i>	Message Center, Snow Mountain
45	Ling Yu Yan	<i>ling yü yahn</i>	Soul Language
46	Ling Xin Tong	<i>ling shin tawng</i>	Soul Communication
47	Ling Ge Wu	<i>ling guh woo</i>	Soul Song, Soul Dance
48	Ling Qiao Da	<i>ling chee-yow dah</i>	Soul Tapping
49	Ling Cao Yao	<i>ling tsow yow</i>	Soul Herbs
50	Ling Zhen Jiu	<i>ling jun jeo</i>	Soul Acupuncture
51	Ling An Mo	<i>ling ahn maw</i>	Soul Massage
52	Ling Zhi Liao	<i>ling jr lee-ow</i>	Soul Healing
53	Ling Yu Fang	<i>ling yü fahng</i>	Soul Prevention of Illness
54	Ling Zhuan Hua	<i>ling jwahn hwah</i>	Soul Transformation
55	Ling Yuan Man	<i>ling ywen mahn</i>	Soul Enlightenment
56	Ling Zhi Hui	<i>ling jr hway</i>	Soul Intelligence
57	Ling Qian Neng	<i>ling chyen nung</i>	Soul Potential
58	Huan Ling Nao Shen	<i>hwahn ling now shun</i>	Soul Mind Body Transplant
59	Fu Wu San Jie	<i>foo woo sahn jyeh</i>	Serve Heaven, Earth, and Human Being
60	Ling Guang Pu Zhao	<i>ling gwahng poo jow</i>	Shining Soul Light
61	Wan Wu Geng Xin	<i>wahn woo gung shin</i>	Everything is renewed
62	Shi Wei Gong Pu	<i>shr way gawng poo</i>	Vow to be a universal servant
63	Shi Dai Fu Wu	<i>shr dye foo woo</i>	Serve in all lives
64	Ling Guang Sheng Shi	<i>ling gwahng shung shr</i>	Soul Light Era
65	Chuang Xin Ji Yuan	<i>chwahng sheen jee ywen</i>	Create a new era
66	Tao Tao Tao	<i>dow dow dow</i>	Tao Tao Tao
67	Tao Ding De	<i>dow ding duh</i>	Tao stillness
68	Tao Hui Ming	<i>dow hway ming</i>	Tao intelligence, Tao realization
69	Tao Xi Zai	<i>dow shee dzye</i>	Tao happiness and joy
70	Tao Ti Sheng	<i>dow tee shung</i>	Tao body is produced
71	Tao Yuan Man	<i>dow ywen mahn</i>	Tao enlightenment
72	Tao He Zhen	<i>dow huh jun</i>	Meld with Tao and become a true being
73	Tao Guo Cheng	<i>dow gwaw chung</i>	Tao harvest
74	Tao Shen Tong	<i>dow shun tawng</i>	Complete Tao saint abilities
75	Tao Fa Zi Ran	<i>dow fah dz rahn</i>	Follow Nature's Way