

Transforming Money Mindsets Workshop 9th September 2023

Negative mindsets to transform to positive mindsets:

- 1) 'Money doesn't grow on trees.'
 - → 'I believe I believe there is enough money for me to share in the universal wealth'
- 2) 'Not intelligent to make money'
 - → 'people with less education can make money so can I'
- 3) 'Fear about borrowing money'
 - → 'Lots of people borrow money and are able to pay it back and so can I'
- 4) 'What we have is enough'
 - → 'What we have can be better. I have enough but I am open to receiving more'
- 5) 'Money is scarce'
 - → 'I have had money in the past, I need to learn to receive more and manage it'
- 6) 'Money is the root of all evil'
 - → 'People can use money wisely to bring them and others more'
- 'Rich people will find it harder to reach heaven than putting camel thread in needle'
 - → 'Heaven does not judge you if you have money. In fact, if I had more money, I will donate more and help others'
- 8) 'Money doesn't bring you happiness'
 - → 'At least money brings you peace of mind'
- 9) 'I don't deserve more/not worthy of more'
 - → 'I deserve more because I am open to more success/joy/Ferrari/etc'
- 10) 'As much as I work, I don't make enough'
 - → 'I am open to a better paid job'
- 11) 'Better to be meek and mild then wealthy'
 - → 'Wealthy people can also be nice'
- 12) 'If you don't "fit" you won't be successful'
 - → 'I can take baby steps to break free from this boundary'
- 13) 'Money is here today/gone tomorrow'



- → 'I am learning better ways to manage the money that is coming'
- 14) 'Be content with what you have, you don't need much'
 - → 'I am excited to dream more and receive more'
- 15) 'God loves us, that is why we are poor, so that we will pray harder'
 - → 'God's love is unconditional; rich or poor'
- 16) 'More money breaks families'
 - → 'I know there are successful families living in harmony'
- 17) 'Money will stop your spiritual journey'
 - → 'Money will allow me to go to pilgrimage'
- 18) 'High divorce rate among rich people'
 - → 'Even poor people divorce, it's not the money'